

Table 4

## Antiresorptive Therapeutic Agents

Drug Class	Drug Name/Dosage	Comments
Bisphosphonates	<p><b>Alendronate</b> 5 mg/daily or 35 mg/weekly; 10 mg/daily or 70 mg/weekly</p> <p><b>Risedronate</b> 5 mg/daily or 35 mg/weekly</p> <p><b>Ibandronate sodium</b> 150 mg/monthly or 2.5 mg daily</p> <p><b>Etidronate</b> 400 mg/daily for 14 days (repeat cycles every 3 months)</p>	<p>Prevention and treatment</p> <p>Prevention and treatment</p> <p>Prevention and treatment</p> <p>Cyclic regimen</p>
Calcitonin	<b>Salmon calcitonin</b> 200 IU one puff nasally/day	Treatment
Selective Estrogen Receptor Modulators	<p><b>Raloxifene</b> 60 mg/day</p> <p><b>Tibolone</b> 0.625-2.5 mg/day (off-label use) showing promise for bone mineral density improvement</p> <p><b>Tamoxifen</b> 10 mg/day (off-label use) may reduce fracture risk</p>	<p>Prevention and treatment</p> <p>Prevention and treatment</p> <p>Prevention and treatment</p>