

Table 6

Basic Hormone Panel, With Goals for the Postmenopausal Woman

Hormone Test	Deficient	Optimal
Estradiol	<27 pg/mL (postmenopausal)	50-100 pg/mL
Progesterone	<1 ng/mL (postmenopausal)	10-20 ng/mL
Testosterone Total	<25 ng/dL	35-60 ng/dL
Testosterone Free	<4 pg/mL	6-8 pg/mL
DHEA-S	< 200 mcg/dL	250-300 mcg/dL