

Other Possible Causes Of Hot Flashes

Chronic Diseases: thyroid disorders, leukemia, pheochromocytoma, pancreatic tumors, renal cell carcinoma

Medications: vasodilators, calcium channel blockers, bromocriptine, selective estrogen receptor modulators

Neurologic Problems: stress and anxiety, brain tumors, migraines, spinal cord injuries, orthostatic hypotension

Food Additives: nitrites, sulfites, red pepper, capsaicin

Alcohol Use