

Table 3

Laboratory Technician's Guide to Comprehensive and Ongoing Evaluation of Adults With Type 2 Diabetes

<p>Labs and Tests</p>	<ul style="list-style-type: none"> <input type="checkbox"/> Fasting blood sugar * Annually and if indicated <input type="checkbox"/> A_{1c} * Every 3 months <input type="checkbox"/> Fasting lipid profile * Annually or every 6 to 12 weeks after initiation of new therapy
<p>Therapies</p>	<ul style="list-style-type: none"> <input type="checkbox"/> ALT/AST * Annually; more often if indicated <input type="checkbox"/> BUN/creatinine/GFR * Annually; more often if indicated <input type="checkbox"/> Urinalysis for ketones, protein, sediment * Annually; more often if indicated <input type="checkbox"/> Urinary albumin, microalbuminuria and creatinine ratio * Annually; more often if indicated <input type="checkbox"/> Electrolytes (if indicated) <input type="checkbox"/> TSH (if indicated) <input type="checkbox"/> Hemoglobin/hematocrit (if indicated)

KEY

ALT = alanine aminotransferase

AST = aspartate aminotransferase

BUN = blood urea nitrogen

GFR = glomerular filtration rate

TSH = thyroid-stimulating hormone